

Basic program <i>(recommended for people over the age of 30)</i>		Residents	Citizens of CIS countries	Citizens of non-CIS countries
For women		246 000	319 760	415 900
For men		227 050	295 130	383 700
•	Examination by the general practitioner (at the discretion of the patient)	10 000	13 000	17 000
Blood test	General blood test	2 200	2 860	3 700
	Blood biochemistry: ALT, AST, total and direct bilirubin, GGTP, alkaline phosphatase, blood sugar, total protein, creatinine, urea, uric acid, total cholesterol, lipid profile (HDL, LDL), triglycerides, calcium, magnesium, rheumatoid factor (quantitative), C-reactive protein, ferritin	30 520	39 920	51 400
	Determination of total antibodies to hepatitis B and C viruses	5 280	6 860	8 800
	Cancer-specific markers: Ca19.9, CA 15-3, alpha-fetoprotein, cancer-embryonic antigen, PSA total and free (men), CA-125 (women)	16 700 (men) 19 200 (women)	21 710(men) 24 960 (women)	28 100 (men) 32 400 (women)
	Hormones: TSH (thyroid-stimulating hormone), free thyroxine (free T4), free triiodothyronine (free T3), thyreoperoxidase Ak, prolactin, intact insulin, C-Peptide, glycated hemoglobin	22 500	29 250	37 900
	Vitamin D	5 500	7 150	9 300
	Microreaction	1 250	1 620	2 100
	Blood sampling with a holder	1 000	1 300	1 700
•	General urine test	1 400	1 820	2 300
•	ECG	5 000	6 500	8 500
•	Lung radiography	5 200	6 760	8 800
•	Ultrasound of the thyroid gland	7 600	9 880	12 900

•	Ultrasound of the abdominal cavity organs	9 500	12 350	16 100
•	Ultrasound of the kidneys	5 800	7 540	9 800
For women	Ultrasound of the pelvic organs (transvaginally)	8 200	10 660	13 900
	Mammography for women over the age of 35	9 300	12 090	15 800
	(or ultrasound of the mammary glands)	10 000	13 000	17 000
	Examination by the gynecologist, oncocytological examination of smear	14 050	18 260	23 800
For men	Examination by the urologist, transrectal US	25 100	32 630	42 600
	Examination by the ophthalmologist (visual acuity test Examination of the ocular fundus Tonometry on a non-contact tonometer)	11 800	15 330	20 000
Stomach	Video Gastroscopy (HP histology/cytology)	20 000	26 000	34 000
	Cytological examination for H.pylori	11 500	14 950	19 400
	Intravenous anesthesia at the discretion of the patient	15 000	19 500	25 500
	Excisional biopsy	7 000	9 100	11 900
•	Issuance of the conclusion by the general practitioner upon completion of check-up	7 000	9 100	11 900